

60 SUMMER OUTDOOR CHALLENGES

LESSONS
IN GRASS

What challenges do you have for this year's summer adventures? Get inspired by our 60 outdoor challenges.

You don't have to try them all, it's more important to enjoy the time outdoors together. Or even better, get inspired by our list and write down your own outdoor challenges for you, your family, friends, gang, club or whoever you enjoy being outdoors with.

Enjoy an unforgettable summer outdoors!



DISCOVER YOUR PLACE IN NATURE

1. Find the nearest green islands around you
2. Climb a huge hill and observe the landscape from above
3. Draw a map of the surrounding nature as if it were a secret island
4. Discover your favourite secret place
5. Make an invitation for someone you like and show them your favourite place
6. Look for where the Sun rises and sets



SUMMER BY THE WATER



1. Discover the nearest water in your area (pond, stream, well, spring, river, etc.)
2. Observe the life by the water
3. Enjoy the water as... a jumping dolphin, a silent crocodile, a jumping frog, or other animals
4. Take your favourite characters to the water and build them a boat
5. Build your own boat, raft or vessel and invite your friends for a voyage
6. Make a fire outdoors near the water (safely!)



ANIMAL CHALLENGES

1. Sit in the grass and watch a small area around you – what is happening there?
2. Discover your animal neighbours in the area (who lives in the tree, under stones, in the grass, by the water...)
3. Look for signs that indicate the presence of animals (footprints, droppings/scat, animal rubs or bite marks on trees, cones, plants, etc., nests, cavities, and so on)
4. Prepare a water dish for birds or insects
5. Build a den for an animal (a bird, a beetle, a hedgehog, an insect, a frog, etc.)
6. Explore life cycle development

SUMMER IN ALL SENSES



1. Go barefoot
2. Dance or run in the rain
3. Discover new smells and sounds in nature around you
4. Get to know nature by your sense of touch during an expedition
5. Go cloud watching and use your imagination to name their shapes
6. Observe the weather for a few days and try to predict the weather



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SUMMER FULL OF ADVENTURES

1. Hide a treasure (a box with something precious, beautiful or yummy) and invite somebody to find the treasure
2. Draw a map to the summer treasure
3. Determine the cardinal directions
4. Find your way on a trip with a map
5. Blow a grass whistle
6. Hunt for fossils and other treasures in your area



NIGHT CHALLENGES

1. Grab a headlamp and go for a nature walk after sunset
2. Listen to the sounds of the night
3. Organize an evening picnic, forage for wild food
4. Go stargazing
5. Sleep out
6. Tell others stories about how beautiful night nature is



SUMMER BUILDERS

1. Build a summer house, camp, log cabin, or den for fairies
2. Build a small bridge over a puddle, stream or hole
3. Build a sundial
4. Build your own den or hideaway
5. Build a teepee or shelter from the sun
6. Try to build a place to sleep out



CREATIVE SUMMER

1. Bake a mud cake
2. Make a tree dreamcatcher for summer dreams
3. Make a wild crown or wreath (on your head, table or door) or collect and dry summer herbs
4. Make a talisman from natural materials for your neck (from wood, pebbles, cones, shells, feathers, etc.)
5. Make a musical instrument
6. Paint a picture with clay colours from around your place



TREE CHALLENGES

1. Go for a walk and observe trees
2. Find your favourite tree
3. Explore the bark of different trees
4. Take your favourite book out, sit under a tree and read
5. Climb a sturdy tree and watch the world from its branches
6. Examine an old tree



FIGHTING SUMMER

1. Have a cone war
2. Watch the wind and invite it into play
3. Try silent sneaking
4. Have a go at water battle
5. Make weapons for mammoth hunters
6. Make a totem pole